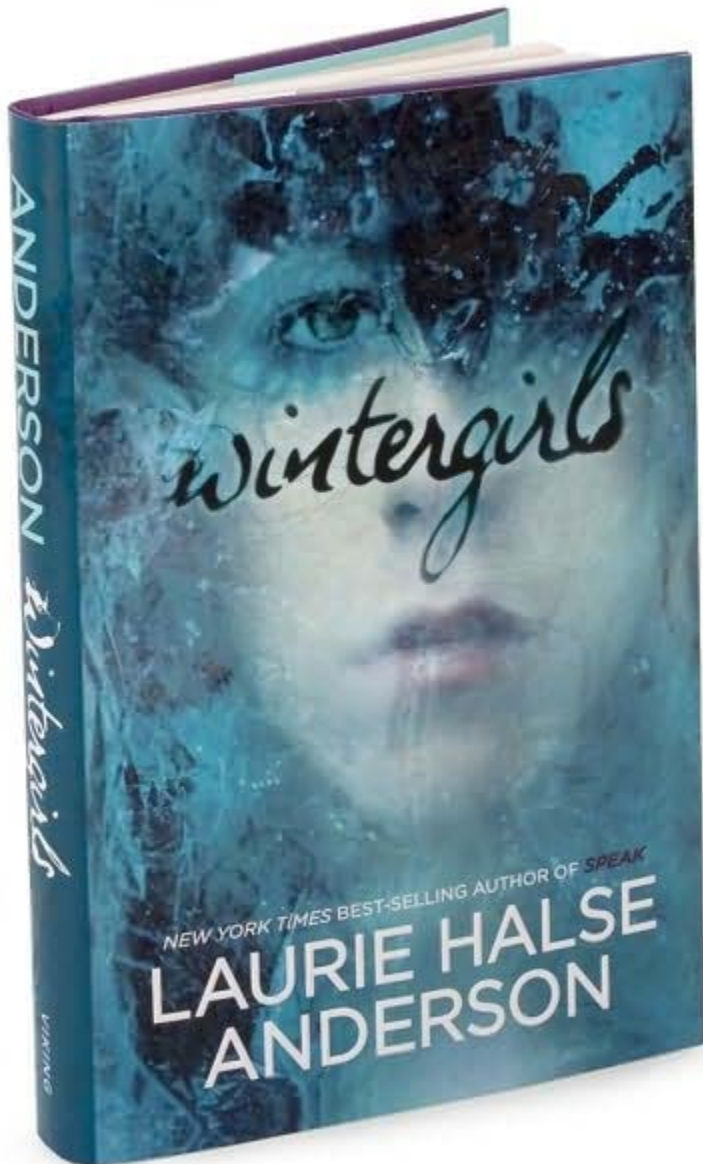


# Wintergirls

by Laurie Halse Anderson

Reviewed by Jasmine Luckhurst - 1/22/2010



The first book I chose to read for the book club was "Wintergirls" by Laurie Halse Anderson. It was an interesting look into the mind of a girl with an eating disorder.

This young girl had just lost a friend to bulimia and was haunted by thoughts and images of her. She would hallucinate that her friend would follow her around, trying to get her to push herself to the edge, and join her.

This book was an easy read, but the whole time I was reading it made me feel kind of yucky, like things were not going right in my life, even though I was not experiencing any of these problems that this girl was experiencing. So the author did a really good job putting

the reader in the book, almost to the point that I was having a hard time reading it without feeling guilty about my bad eating habits.

~ Jasmine Luckhurst

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